

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri 10 am - 4 pm

Phone: (414) 348-0149

8930 W Highland Park Ave #109

Franklin, WI 53132

COMMUNITY DIRECTOR

Reilly McGoldrick

Foresthill@ardenpropertygroup.com

RESIDENT SERVICES OFFICE TEAM

Brie Noffsinger, ACM & Brenda Carr, Admin Asst

Foresthill@ardenpropertygroup.com

LEASING

Mon - Fri 9 am - 5 pm

Phone: (414) 348-0149

LEASING SPECIALIST

Ann Knezic

MAINTENANCE

Mon - Fri 8:30 am - 4 pm

Phone: (414) 348-0149

Evening & Weekend (AnSer)

After-Hours Emergencies ONLY (800) 263-6148

MAINTENANCE TEAM

Ken Loontjens, Enrique Ramirez & Tom Grede

HOUSEKEEPING TEAM

Lynda Schmeling & Marie Young

UPCOMING SPOTLIGHT EVENTS



Community Crafting

**TUESDAY, SEPTEMBER 8TH, AT 11 AM
SUNROOM - FREE EVENT**

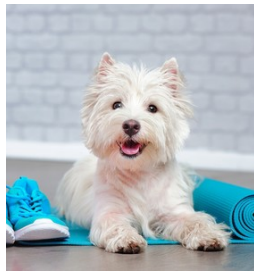
Bring your favorite craft, meet new people, and enjoy a relaxing time creating together. Chat, craft, and enjoy light refreshments in a fun, welcoming atmosphere!



Trivia With Sue P.

**MONDAY, SEPTEMBER 14TH, AT 2:30 PM
COMMUNITY ROOM - FREE EVENT**

Put your knowledge to the test during an afternoon of friendly trivia competition! Play individually or team up with friends for an entertaining challenge filled with laughs!



Senior Exercise With Crunch Fitness

**FRIDAY, SEPTEMBER 18TH, AT 12:30 PM
COMMUNITY ROOM - FREE**

Improve your balance and strength at this senior-friendly exercise class led by instructors from Crunch Fitness. Come learn how to access more free senior classes!



Taste of Fall Potluck

**TUESDAY, SEPTEMBER 22ND, AT 12 PM
COMMUNITY ROOM**

Bring your favorite fall-inspired dish to share at our community potluck! Please include your dish when you RSVP. Must provide a dish to participate, drinks will be provided.



Resident Portal 101

**WEDNESDAY, SEPTEMBER 30TH, AT 12 PM
COMMUNITY ROOM - FREE**

Learn how to submit a maintenance request, get community notices, and access event information. Please bring your phone, tablet, or laptop for us to help you log in.



RESIDENT REMINDERS

Yom Kippur Blessings

To all in our community observing Yom Kippur, we wish you a blessed and meaningful holiday.

Heroes and Healing on the 25th Anniversary of 9/11

Sept. 11, 2026, is the 25th anniversary of 9/11. In honor of the thousands of lives lost and changed forever, we pause to remember the many stories of hope, fortitude and survival commemorated by the 9/11 Memorial and Museum, which can be found at 911memorial.org.

Stories of Alzheimer's Disease

In observance of World Alzheimer's Day on Sept. 21, consider reviewing these books and movies to gain perspective and insight into the lives of those impacted by the disease.

"Still Alice." Author Lisa Genova's 2007 bestseller was made into a critically acclaimed movie in 2014. Julianne Moore won the best actress Oscar for her role as Alice Howland, a professor with early-onset Alzheimer's disease.

"We Are Not Ourselves." The New Yorker magazine called this novel by Matthew Thomas "the greatest Alzheimer's novel yet." Published in 2014, "We Are Not Ourselves" paints an intimate portrait of the Leary family's struggles as their beloved patriarch develops Alzheimer's.

Check Your Cholesterol

September is National Cholesterol Education Month. Adults over the age of 20 should have their levels tested every four to six years. Assess your knowledge on this subject:

1. What year was the first statin, a cholesterol-lowering medicine, approved in the U.S.?
2. True or False: Eating healthy, fiber-rich foods can lower cholesterol.
3. High cholesterol is connected to what leading cause of death?

(Answers: 1. 1987; 2. True; 3. Heart disease)

Register to Vote!

Each September, National Voter Registration Day encourages eligible citizens to register to vote. Since 2012, over 6 million people have registered to vote on this day, allowing more voices to be heard on both national and local issues. Check your voter registration status at Vote.gov and make sure your information is up-to-date.

ONSITE & LOCAL SERVICES

Salon

Building 6

By appointment only (414) 303-2437

Stylist - Gail

Hearing With Care

Call to schedule - Phone: (414) 315-3149

Technician - Margie Roman

Many services are performed free of charge.

Spectrum Cable

CUSTOMER SERVICE (866) 513-4900

WE Energies

CUSTOMER SERVICE (800) 242-9137

Franklin City Hall

MAIN PHONE (414) 425-7500

Franklin Public Library

MAIN PHONE (414) 425-8214

Franklin Police Department

NONEMERGENCY (414) 425-2522



WHAT'S COOKING

Caramel Crumble Bars

Ingredients:

- 1 box yellow cake mix
- 1/2 cup plus 2 tablespoons butter, softened
- 3/4 cup apple butter, plus 3 tablespoons
- 1 egg
- 1 package (11 ounces) soft caramels, unwrapped
- 2/3 cup walnuts, chopped
- 2/3 cup sweetened coconut flakes
- 2 tablespoons butter, melted

Directions:

Heat oven to 350° F. Grease 13-by-9-inch baking pan. With electric mixer on low, beat cake mix and 1/2 cup softened butter until mixture is crumbly. Spoon 1 cup of the mixture into medium bowl; set aside. Add 3/4 cup apple butter and egg to remaining mixture. Beat on medium until smooth and creamy. Spread evenly into pan. Bake 20 minutes. Place caramels, 2 tablespoons softened butter and remaining 3 tablespoons apple butter in microwave-safe bowl. Microwave in 30-second intervals, stirring every time, until smooth and melted. Pour evenly over baked crust.

Combine walnuts, coconut and 2 tablespoons melted butter with reserved cake mix. Mix until crumbly. Sprinkle over caramel in pan. Bake 16 to 18 minutes, until topping starts to brown. Let cool; cut into bars.

Find more recipes at Musselmans.com.



Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high. Give one a try!

SEPTEMBER IN WI: A SEASON OF CHANGE AND CELEBRATION

September brings many of Wisconsin's favorite traditions as summer transitions into fall. Cooler temperatures, colorful foliage, apple harvests, and community festivals make this a special time of year. Orchards welcome visitors, pumpkin patches prepare for the season, and early fall colors begin appearing across the state.

Local communities celebrate with farmers markets, craft fairs, Oktoberfest events, and harvest festivals. Whether you enjoy visiting an apple orchard, taking a scenic drive, or sipping warm apple cider, September offers countless ways to enjoy the season.

The month also includes several important observances. Labor Day honors the contributions of American workers and marks the unofficial end of summer. Beginning September 15, Hispanic Heritage Month celebrates the histories, cultures, and contributions of Hispanic and Latino Americans through October 15.

Patriot Day on September 11 honors those who lost their lives and the heroes who responded during the events of September 11, 2001. Constitution Day and Citizenship Day on September 17 commemorate the signing of the

U.S. Constitution and recognize the rights and responsibilities of citizenship.

September is also National Suicide Prevention Month, reminding us to prioritize mental and emotional well-being, support one another, and encourage open conversations about mental health.

As autumn officially begins, September invites us to slow down and enjoy the season's simple pleasures. From local festivals and community gatherings to Wisconsin's natural beauty, it is a wonderful time to connect, reflect, and celebrate. Wishing everyone a happy, healthy, and colorful September!



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

September by the Numbers

3. Minimum servings of whole grains recommended daily. September is Whole Grains Month.
70 million. Approximate number of grandparents in the U.S. Celebrate Grandparents Day on the first Sunday after Labor Day.
39. Number of Founding Fathers who signed the U.S. Constitution on Sept. 17, 1787.

Brainteaser

Q. Where do you find roads without vehicles, forests without trees, and cities without houses?
A. On a map.

CONGRATULATIONS

Who Won \$150?

Our lease renewal drawing winners are:
Jacqueline & Auguston. Congratulations!

